

PG Dip/MSc Sexual & Relationship Psychotherapy.

Recommended Pre-Course Reading Materials.

Psychotherapy

- Baker C.D. (1993) A cognitive-behavioural model for the formulation and treatment of sexual dysfunction. In Ussher J.M. & Baker C.D. (Eds.) *Psychological Perspectives on Sexual Problems*. London: Routledge (pp.110-128)
- Bor R. & Watts M. (Eds.) (1999) *The Trainee Handbook: A Guide for Trainee Counsellors, Psychotherapists and Counselling Psychologists*. London: Sage
- Crowe M.J. & Ridley J. (2000) *Therapy With Couples*. Oxford: Blackwell
- Daines B. & Perrett A. (2000) *Psychodynamic Approaches to Sexual Problems*. Buckingham: Open University Press
- Ford V. (2005) *Overcoming sexual problems – a self-help guide using cognitive behavioural techniques*. London: Constable & Robinson
- Hughes P. (1999) *Dynamic psychotherapy explained*. Oxford: Radcliffe
- Schnarch D (2003) *Resurrecting Sex: Solving Sexual Problems and Revolutionizing Your Relationship*. New York: Quill
- Weeks G.R., Odell M. & Methven S. (2005) *If only I had known. Avoiding common mistakes in couples therapy*. New York: Norton & Co.

Sexual Medicine

- Balon R. & Segraves R.T. (2005) *Handbook of Sexual Dysfunction*. Boca Raton: Taylor & Francis
- Leiblum S. (2007) *Principles and Practice of Sex Therapy*. Fourth Edition. New York: Guilford
- McCarthy B.W. & Metz M.E. (2008) *Men's Sexual Health. Fitness for satisfying Sex*. New York: Routledge
- Tomlinson J. (2005) *ABC of Sexual Health*. Second edition. Oxford: Blackwell BMJ Books
- Maurice W.L. (1999) *Sexual Medicine in Primary Care*. St. Louis: Mosby

